

“ BeeZee Bodies is brilliant!
It's a fun way to learn about
healthy eating and I will
remember the things I've learned
for years to come.

There are things my family and I
do every day to help us be
healthier that we wouldn't have
done before BeeZee Bodies. ”



CHLOE, AGE 9



SAY HELLO TO HEALTHY HABITS
AND SIGN UP TODAY...

-  beezeebodies.com
-  01707 248648
-  BeeZee Bodies

ELIGIBILITY CRITERIA:

To be eligible for BeeZee Bodies services you must:

- Have a child aged 5-15 with a BMI above the 91st centile
- Live/go to school/be registered with a GP in Hertfordshire

To be eligible for the HENRY programme you must:

- Have a child age 0-5 with a BMI above the 91st centile
- Be registered with a GP in Dacorum, St Albans & Harpenden, Watford & Three Rivers or Hertsmere.



BUILD
HEALTHY
HABITS
AS A FAMILY

Helping your child to maintain a
healthy weight and learn skills for
a healthy, happy life.

