

Relationships, Health and Wellbeing.

Statutory **Relationships** and **Health** Education

Ways to help build and maintain caring friendships

Anti-bullying

Families and people who care for me

Showing respect

E-safety

Being safe, like the difference between appropriate and inappropriate touch

Ways to keep fit and healthy

Mental wellbeing, talking about our emotions, strategies to stay calm and happy

Healthy eating

Drugs, alcohol and tobacco

First aid

Puberty

Conception (Year 6 only)

Changes to Personal, Social, Health and Economic Education.

Statutory Relationships and Health Education

What's new?

- From Autumn 2020, relationships and health education becomes a statutory subject for all schools. These elements are found under a broader PSHE (physical, social, health and economic education) heading.
- In light of this, we have now developed a scheme of work based on our school values which builds children's understanding each year.

What hasn't changed

- We always taught relationships and health because these subjects support all young people to be happy, healthy and safe, equipping them for life as an adult in British society.
- We will be using the same resources.
- Parents still have the right to withdraw their children from sex education in primary school (Year 6) but not from anything else.

Find out more.

Relationships and Health Education

- Check our 'frequently asked questions' information
- Look at what we teach:
 - PSHE Policy
 - Field Junior's PSHE programme of study
- Tell us what you think. Please fill in our parent survey and return to us.

We value your thoughts and co-operation.