

WEEK 1: 2<sup>nd</sup> November, 23<sup>rd</sup> November, 14<sup>th</sup> December, 4<sup>th</sup> January, 25<sup>th</sup> January, 22<sup>nd</sup> February, 15<sup>th</sup> March

|               | MONDAY                                                             | TUESDAY                                                            | WEDNESDAY                                                          | THURSDAY                                                           | FRIDAY                                                             |
|---------------|--------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------|
| RED OPTION    | Pork Sausages & Gravy with Mashed Potatoes or Rice                 | Mexican Bean Burrito (v) with Diced Potatoes or Herby Garlic Bread | Roast Chicken with Stuffing & Gravy with Roast Potatoes or Pasta   | Chicken Pie & Gravy with Mashed Potatoes or Pasta                  | Fish Fillet Fingers with Chips or Pasta                            |
| GREEN OPTION  | Sweet Potato & Chickpea Curry (Ve) with Mashed Potatoes or Rice    | Mac 'n' Cheese (v) with Diced Potatoes or Herby Garlic Bread       | Roast Quorn Fillet with Gravy (Ve) with Roast Potatoes or Pasta    | Breaded Bean & Vegetable Grill (Ve) with Mashed Potatoes or Pasta  | Margherita Pizza (v) with Chips or Pasta                           |
| BLUE OPTION   | Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo | Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v)            | Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo | Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo | Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo |
| YELLOW OPTION | Cheese Baguette (v)                                                | Tuna Mayo Baguette                                                 | Cheese Baguette (v)                                                | Tuna Mayo Baguette                                                 | Egg Baguette                                                       |
| DESSERT       | Oat & Raisin Cookie (Ve)                                           | Fresh Fruit Wedges (Ve)                                            | Fresh Fruit Jelly (Ve)                                             | Apple Crumble & Custard (v)                                        | Chocolate Brick Wall (Ve)                                          |

WEEK 2: 9<sup>th</sup> November, 30<sup>th</sup> November, 11<sup>th</sup> January, 1<sup>st</sup> February, 1<sup>st</sup> March, 22<sup>nd</sup> March

|               | MONDAY                                                                            | TUESDAY                                                            | WEDNESDAY                                                                    | THURSDAY                                                | FRIDAY                                                             |
|---------------|-----------------------------------------------------------------------------------|--------------------------------------------------------------------|------------------------------------------------------------------------------|---------------------------------------------------------|--------------------------------------------------------------------|
| RED OPTION    | Chicken & Sweetcorn Meatballs with Sweet & Tangy Sauce with Rice or Potato Wedges | Chicken Curry with Rice or Diced Potatoes                          | Roast Beef with Yorkshire Pudding & Gravy with Roast Potatoes or Pasta       | Quorn Burger (v) with Potato Wedges or Spaghetti        | Battered Fish with Potato Wedges or Pasta                          |
| GREEN OPTION  | Sunshine Eggs with Baked Beans (v) with Rice or Potato Wedges                     | Cheese Pinwheel (v) with Rice or Diced Potatoes                    | Quorn Pieces with Yorkshire Pudding & Gravy (v) with Roast Potatoes or Pasta | Veggie Bolognese (Ve) with Potato Wedges or Spaghetti   | Margherita Pizza (v) with Potato Wedges or Pasta                   |
| BLUE OPTION   | Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo                | Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo | Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo           | Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v) | Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo |
| YELLOW OPTION | Cheese Baguette (v)                                                               | Tuna Mayo Baguette                                                 | Cheese Baguette (v)                                                          | Tuna Mayo Baguette                                      | Egg Baguette                                                       |
| DESSERT       | Shortbread (Ve)                                                                   | Fresh Fruit Wedges (Ve)                                            | Fresh Fruit Jelly (Ve)                                                       | Pear & Chocolate Sponge & Chocolate Custard             | Jammy Cookie (Ve)                                                  |

WEEK 3: 16<sup>th</sup> November, 7<sup>th</sup> December, 18<sup>th</sup> January, 8<sup>th</sup> February, 8<sup>th</sup> March

|               | MONDAY                                                             | TUESDAY                                                           | WEDNESDAY                                                          | THURSDAY                                                           | FRIDAY                                                             |
|---------------|--------------------------------------------------------------------|-------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------|
| RED OPTION    | Beef Bolognese with Spaghetti or Potato Wedges                     | Quorn Hotdog (v) with Diced Potatoes or Herby Garlic Bread        | Roast Chicken with Stuffing & Gravy with Roast Potatoes or Pasta   | Beef Burger with Diced Potatoes or Pasta                           | Fish Fillet Fingers with Chips or Pasta                            |
| GREEN OPTION  | Vegan Quorn Sausage & Gravy (Ve) with Spaghetti or Potato Wedges   | Roasted Veg Lasagne (v) with Diced Potatoes or Herby Garlic Bread | Beany Pasta Bake (Ve) with Roast Potatoes or Pasta                 | Baked Bean Slice (Ve) with Diced Potatoes or Pasta                 | Margherita Pizza (v) with Chips or Pasta                           |
| BLUE OPTION   | Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo | Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v)           | Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo | Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo | Grated Cheese (v), Baked Beans (Ve), Cheese & Beans (v), Tuna Mayo |
| YELLOW OPTION | Cheese Baguette (v)                                                | Tuna Mayo Baguette                                                | Cheese Baguette (v)                                                | Tuna Mayo Baguette                                                 | Egg Baguette                                                       |
| DESSERT       | Fresh Fruit Wedges (Ve)                                            | Carrot Cake (v)                                                   | Fresh Fruit Jelly (Ve)                                             | Apple Charlotte Pudding & Custard (v)                              | Chocolate Raisin Cookie (Ve)                                       |



A variety of fruit, vegetables and salads are served daily.

V = Vegetarian Ve = Vegan