

TALKING ADDITIONAL NEEDS



Tuesdays 8.00 - 9.30pm Course ID: 797

06-Jan, 13-Jan, 20-Jan, 27-Jan, 03-Feb, 10-Feb 2026

Delivered online using Zoom

Tuesdays 9.45 - 11.15am Course ID: 796

03-Feb, 10-Feb, 24-Feb, 03-Mar, 10-Mar, 17-Mar 2026

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A 6-week group for parents and carers of children 2-19yrs with any additional need. Your child does not need a diagnosis.

- **Understand your child's behaviour**
- **Develop strategies that really work**
- **Reduce conflict and increase co-operation**
- **Improve emotional regulation**
- **Explore sensory needs**
- **Increase your child's resilience**
- **Manage the different needs within your family**

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'I have been on a few courses to help me with my child but this was by far the most helpful'

Booking essential

Please quote the course ID

To check eligibility and book a place, contact Supporting Links on:

07512 709 556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk