

TALKING ADDITIONAL NEEDS



Tuesdays 8.00-9.30pm ONLINE Course ID: 864 ages 10-19
15-Sep, 22-Sep, 29-Sep, 06-Oct, 13-Oct, 20-Oct 2026

Tuesdays 9.45-11.15am ONLINE Course ID: 859 ages 2-19
03-Nov, 10-Nov, 17-Nov, 24-Nov, 01-Dec, 08-Dec 2026

Wednesday 7.00-9.00pm F2F Course ID: 858 ages 2-19
04-Nov, 11-Nov, 18-Nov, 25-Nov, 02-Dec, 09-Dec 2026
Venue TBC, Hemel Hempstead

A 6-week group for parents and carers of children 2-19yrs with any additional need. Your child does not need a diagnosis.

- **Understand your child's behaviour**
- **Develop strategies that really work**
- **Reduce conflict and increase co-operation**
- **Improve emotional regulation**
- **Explore sensory needs**
- **Increase child's resilience**
- **Manage the different needs within your family**

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'I have been on a few courses to help me with my child but this was by far the most helpful'

Booking essential
Please quote the course ID
To check eligibility and book a place,
contact Supporting Links on:

07512 709 556

bookings@supportinglinks.co.uk
www.supportinglinks.co.uk

Funded by
Hertfordshire
County Council

