

TALKING ASD & ADHD WORKSHOP: SIBLING STRUGGLES

For parents and carers of children aged 2-25yrs with suspected or diagnosed Autistic Spectrum Disorder and/or Attention Deficit Hyperactivity Disorder.



**Monday
1st February 2021
9.30 - 11.30am**

We will help you to learn about:

What to do if your children are fighting or arguing.

How to deal with jealousy.

The pressures and worries on siblings in a family with a child with ASD/ADHD.

Helping your children develop a network of support.

Helping your children communicate with each other without conflict.


Managing difficult feelings, your own and theirs.

Where to access further help and support, both locally and nationally.

"This helped me feel more in control, and less like a referee."

'The best Zoom experience I have had so far!'

An online parenting workshop delivered to your home via Zoom

Full details on how to access and use this will be offered. 

Open to parents and carers across Hertfordshire

Pre-booking essential via Eventbrite

<https://www.eventbrite.co.uk/e/talking-asd-and-adhd-sibling-struggles-for-parentscarers-in-herts-registration-130870913425>

**Or contact Supporting Links
QUOTING REFERENCE SL421**

01442 300185

info@supportinglinks.co.uk

www.supportinglinks.co.uk

Follow on:



This workshop is provided free to parents by Hertfordshire County Council

