

# TALKING ASD & ADHD WORKSHOP: STAYING SAFE ONLINE

For parents and carers of children aged 2-25yrs with suspected or diagnosed Autistic Spectrum Disorder and/or Attention Deficit Hyperactivity Disorder.



**Tuesday**  
**16th November 2021**  
**9.30 - 11.30am**

## We will help you to learn about:

How your child's diagnosis increases vulnerability online.

What you can do to support any difficulties with online behaviour.

Recognising when something is wrong.

Managing difficult conversations with confidence.

Setting and maintaining boundaries for online use.


Teaching your child to develop their own methods of regulating internet use and staying safe.

Where to access further help and support, both locally and nationally.

"A tricky subject, really well explained. Thank you."

"The best Zoom experience I have had so far!"

**An online parenting workshop delivered to your home via Zoom**

Full details on how to access and use this will be offered. 

**Open to parents and carers across Hertfordshire**

**Pre-booking essential via Eventbrite**

[Talking ASD and ADHD: Staying safe online. For parents/carers in Herts. Registration, Tue 16 Nov 2021 at 09:30 | Eventbrite](#)

Or contact Supporting Links  
**QUOTING REFERENCE SL424**

**01442 300185**

**[info@supportinglinks.co.uk](mailto:info@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**

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This workshop is provided free to parents by Hertfordshire County Council

